



## Jefferson County Alumnae Chapter Delta Sigma Theta Sorority, Inc.

### EMBODI

*“Empowering Males to Build Opportunities for Developing Independence”*

The EMBODI (Empowering Males to Build Opportunities for Developing Independence) program is designed to refocus the efforts of Delta Sigma Theta Sorority, Inc., with the support and action of other major organizations, on the plight of African-American males. Both informal and empirical data suggests that the vast majority of African-American males continues to be in crisis and is not reaching its fullest potential educationally, socially and emotionally. EMBODI is designed to address these issues through dialogue and recommendations for change and action. EMBODI addresses issues related to STEM education, culture, self-efficacy, leadership, physical and mental health, healthy lifestyles choices, character, ethics, relationships, college readiness, fiscal management, civic engagement and service learning.

### Program Summary

#### Purpose:

The Jefferson County Alumnae Chapter EMBODI (Empowering Males to Build Opportunities for Developing Independence) program serves to address the specific needs of African-American males through specifically designed meetings, service projects, and social events. We have monthly sessions that cover topics such as Brotherhood, Scholarship, Introduction to Personal Finance, Anger Management, Personal Issues, and etc.

#### Expected Outcome & Goals:

- Expand the horizons of young African American males by cultivating a personal vision for their lives
- Provide tools for young African American males to attain a higher quality of life
- Provide young African American males with an awareness of various college and career options to make rewarding life choices and decisions
- Create community-minded young African American males by actively involving them in service learning and community service opportunities

#### Target Population:

Males ages 11 – 18 years of age

All applicants will be notified of acceptance or declination by email. **All** accepted participants will be **required** to participate in **Orientation** on Saturday, September 21, 2019.

If selected to be a part of the EMBODI program, participants will be required to attend 50% of all EMBODI programs. Participants will also be responsible for informing the program chair of intended absence. If the participant fails to abide by the rules set forth by the committee, he may be subject to removal from the program (as designated by the Chapter President and the Risk Management Manual).

**NOTE:** For those applicants who are returning EMBODI Program Participants, you will not be required to fill out the online application. Please send an email to the address below informing us of your desire to continue to participate. If any of your contact information has changed, please include that information in your email.

If you have any questions, please do not hesitate to contact the EMBODI chairperson at [EMBODI@dstjac.org](mailto:EMBODI@dstjac.org). Applications may be submitted online at <http://dstjac.org>. **The application deadline date is September 6, 2019.**